



# EV CORE CONTRIBUTOR

*Heather Doyle Fraser*

## HEATHER DOYLE FRASER

Heather is the Founder of the Compassionate Mind Collaborative and its parent company, Beyond Change, LLC based in Dublin, Ohio. She is a publisher, coach, and author of multiple books including (among others)

*FREEDOM: How Teens Can Use Mindful Compassion to Thrive in a Chaotic World and Grow a Purpose-driven Life*  
*and*  
*40 Weeks: A Daily Journey of Inspiration and Abundance.*

In addition to coaching, writing, and creating customized publishing solutions to fit every person, one of Heather's greatest joys in life is being able to sing and perform locally and nationally in the Ladies of Longford, a high-energy, all-women contemporary Celtic band.